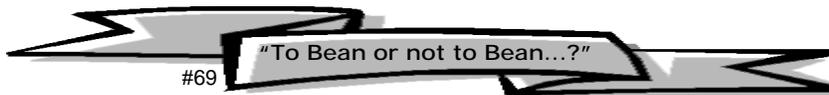




# Bean Soup

## Entertainment & Stuff



Volume 18 Number 1

January - March 2014

Free\*

Since 1989 - 25 Years!

This New Year marks the passage of 25 years since the story of The Vanilla Bean Café first began. In April of 1989, a construction project proceeded to restore the old barn on the corner of routes 97, 169, and 44. By August, the project was complete and Jessurun brothers Barry and Brian, along with their mother, Patricia and their sister, Eileen opened a sandwich and ice cream shop called the Vanilla Bean Café. In the earliest days of the café operation, Patricia worked in the kitchen, cooking, teaching, mentoring and modeling her own work ethic. Though Eileen and her family have since moved away, she left the legacy of her work woven into the fabric of the business as it grew and changed. It is easy to imagine how proud their mother would be to see her family today – still operating the café in the renovated barn on the corner.

In the 25 years since opening day, Café customers have gathered for meals, shows, anniversaries and birthday parties and even wedding receptions in the Café dining room.

celebrating  
**25**  
years

The owners have hosted local food tastings and several annual benefit concerts. Coca Cola held their national launching of Vanilla Coke at the Café in 2002. In this way, the Vanilla Bean Café has become an integral part of the local community.

Locals and travelers alike agree that the Vanilla Bean Café is a friendly and comfortable place. Inside, a warm atmosphere is enhanced by the wooden floors and exposed beams. The dining room walls are a gallery exhibiting the work of local artists. In the first room, a four panel installation by JP Jacquet depicts everyday life at the café. Customers are entertained on Saturday evenings by performing artists ranging from local talent to nationally known folk singers. Customers wander in the hallway to peruse café history, accolades, pictures and stories. And so people come to the Vanilla Bean Café to sit and chat, sip tea, drink beer or wine, feel at home and share in a sense of belonging. At the beginning of our 25th year, we are hoping for many more to come.

### New Winter Hours

Beginning January of 2014 we will be making some changes to our hours of operation for the winter months. We will be closing at 8:00 pm on Friday nights when the weather is cold, wet and/or snowy. We will be closing at 5:00 pm on Sunday nights.

Monday	7:00 am - 3:00 pm
Tuesday	7:00 am - 3:00 pm
Wednesday	7:00 am - 8:00 pm
Thursday	7:00 am - 8:00 pm
Friday	7:00 am - 9:00 pm*
Saturday	8:00 am - 9:00 pm†
Sunday	8:00 am - 5:00 pm

\*May close at 8:00 pm

†Entertainment night

we serve dessert, beer & wine until 10:00 pm

### ~ Quality Since 1989 ~

The Vanilla Bean Café has maintained an emphasis on quality, across the board, in daily operations since opening day nearly 25 years ago. With a focus on quality, supplies and ingredients are selected carefully and purchased locally when available. Menu items are skillfully prepared with real, whole, fresh, minimally processed ingredients. We recommend our “local burger” made with beef supplied by Devon Point Farm in Woodstock. Our family owns and operates our restaurant. We care about promoting the health of our own families and of the families in the communities we serve. We focus on quality food preparation and service and that means you and your family can enjoy healthy food everyday.

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*"We are indeed much more than what we eat, but what we eat can nevertheless help us to be much more than what we are."  
- Adelle Davis*

**The Vanilla Bean Café**  
wants you to know...

The Vanilla Bean Café opened in 1989 with 16 seats

The Vanilla Bean Café is owned by the Jessurun Family

We open 361 days a year. We close on:  
Easter Sunday, Fourth of July, Thanksgiving,  
Christmas Day

**Business Hours:**

Monday, Tuesday	7 am - 3 pm
Wednesday, Thursday	7 am - 8 pm
Friday	7 am - 9 pm*
Saturday	8 am - 9 pm*†
Sunday	8 am - 8 pm

\*We may close early during colder months.

†Entertainment night -  
we serve dessert, beer & wine until 10 pm

Stella, the English Mastiff you may have seen around the Café, passed away in Nov. 2009.



Web site: [www.TheVanillaBeanCafe.com](http://www.TheVanillaBeanCafe.com)

E-mail: [ask@thevanillabeancafe.com](mailto:ask@thevanillabeancafe.com)

Address: **Corner of Routes 44, 169 & 97  
Pomfret, Connecticut**

Phone: 860-928-1562

Music booking: **Maria Sangiolo**  
[maria@thevanillabeancafe.com](mailto:maria@thevanillabeancafe.com)

Art booking: **Kayla Murphy**  
[kayla@thevanillabeancafe.com](mailto:kayla@thevanillabeancafe.com)

Bean Soup ads: **Barry Jessurun**  
[barry@thevanillabeancafe.com](mailto:barry@thevanillabeancafe.com)

**Bean Soup** is an information and entertainment newsletter.

Compiled and written by:  
Barry Jessurun

Mary Murtha Dudley   
Layout & Design - Barry Jessurun



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The Vanilla Bean Café Pomfret, Connecticut 06258

## Accolades and Awards

### The New York Times

"The food...is freshly made, well seasoned and extremely tasty."

### The Boston Globe

"...great food - homemade soups, sandwiches, burgers, and the best fish cakes around - in a relaxed atmosphere."

### Yankee Magazine's Travel Guide to New England

"Editors' Pick" 1997, 2003 & 2004

"One of the outstanding reasons to visit New England."

### Connecticut Magazine Readers' Poll

Windham County - Various years

Best Family Dining - Best Sandwiches

Best Desserts - Best Business Lunch

Best Vegetarian - Best Outdoor Dining

### Yankee Magazine

Editors' Choice - Best of New England

Connecticut's Best Country Café - 2011

### The Hartford Courant

"This is a place that serves excellent food and brings in some of the better performers on the New England coffee house circuit..."

"The Vanilla Bean Café in Pomfret is one of those rare places that truly has something for everyone..."

Oh, yes - the food is truly delicious, too."

### The New London Day

★★★

"The soups are homemade and delicious, the sandwiches unusual and served on breads that are positively delicious..."

### www.VisitingNewEngland.com

"the Vanilla Bean Café is one of those places you simply don't want to leave."

### www.HiddenBoston.com

"This impossibly funky Connecticut restaurant is full of character (and characters), and is truly in a class by itself."

### Recipient University of Connecticut's Nozko Family Business Leadership Award

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- Robert Kennedy

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"If you're going through hell, keep going."

- Winston Churchill

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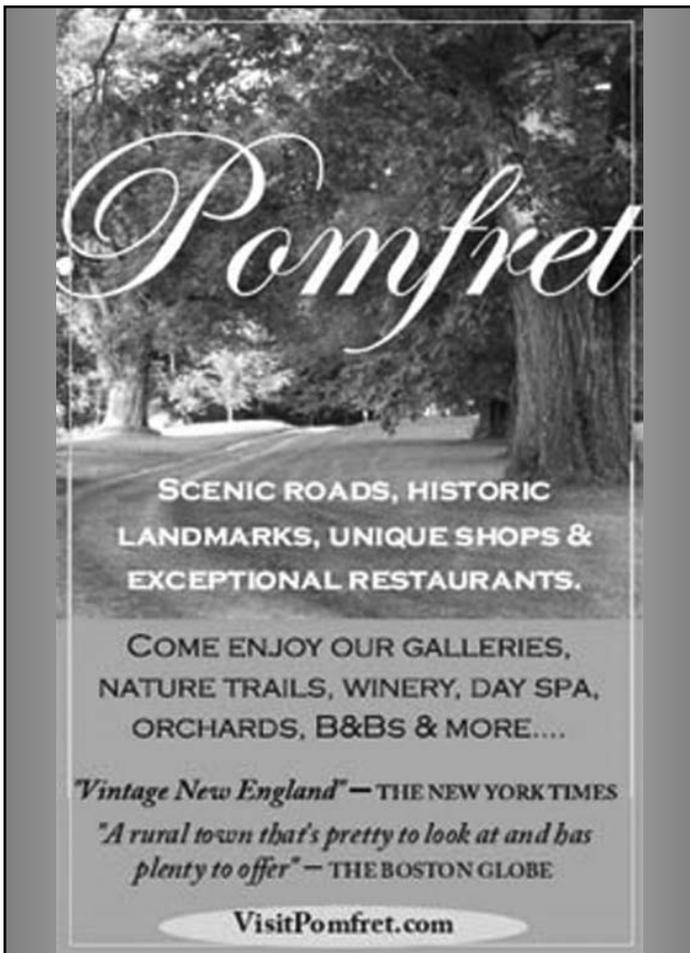
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*"Laziness may appear attractive, but work gives satisfaction."* - Anne



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**January Entertainment**

**Friday - 3 - No Open Mic** 

**Saturday - 4 - No Show**

**Saturday - 11 - Don White**

If you laugh and cry within the same ten minutes, you either need a vacation or you are sitting in the audience at a **Don White** show. This working class family man from Lynn, MA has emerged as the thoughtful songwriter of the decade whose relevance to our lives is evidenced by the powerful reaction he evokes at every concert. Radio audiences, too, are not safe from the Don White experience. Valerie Adams of WNCN Radio, VT said, "I've never seen anything like it. Every time I play 'I Know What Love Is' the phones light up like a Christmas tree. *Stereo Review Magazine* called it "...A candidate for song of the year." "...there is an honesty and self-deprecating wit in his material that is an immediate tonic." - *The Boston Herald*

**Friday - 17 - Songwriter Sessions**

One Friday each month (unless otherwise noted), The Vanilla Bean Café offers a warm and intimate listening room for artists in a monthly music series called **Songwriter Sessions**. Hosted by Lisa Martin, the series is dedicated to the craft of songwriting. Each performer is required to write a song based on a theme chosen by the previous month's audience. Newly crafted songs are presented in round three of the evening's series which features three local or regional songwriters.

*Don't spur a willing horse. - Proverb*



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## January Entertainment

### Saturday - 18 - Wade Elliot Band

The Vanilla Bean Cafe is happy to present the return of hometown Pomfret based musicians **The Wade Elliott Band**. With their diverse mix of original



**m u s i c**  
r a n g i n g  
f r o m f o l k ,  
r o c k ,

blues and a little country along with a few familiar covers, they are always a crowd pleaser. Their song's lyrics are substantive and homespun, reflecting years of life's experiences. The band brings together creative melodies and chorus hooks and has a great live sound with searing guitar licks, rock-solid drum techniques and tasteful keyboard. Their first album entitled, "Ride This Town", was a part time project and a labor of love for the entire band. The Band has just completed their second album of entirely original songs entitled "New Trick." CDs are available for purchase at the show.

### Saturday - 25 - Howie Bursen & Friends Benefit for NE CT Food Bank

An annual event since the early 1990's. **Howie**



**Bursen** is be joined by fiddler **Jeff Davis**, singer and guitarist **John Bailey**, and **Martin Grosswendt**, who plays anything with strings. Bursen is a virtuoso instrumentalist, respected songwriter and an acclaimed true master of the failed banjo. On top of that, he can sing!

Don't miss this great night of entertainment for a great cause!! All proceeds will benefit the Northeast Connecticut Food Bank.



*"There is only one way... to get anybody to do anything. And that is by making the other person want to do it."*

- Dale Carnegie



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- Native American Saying

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- Norman Vincent Peale

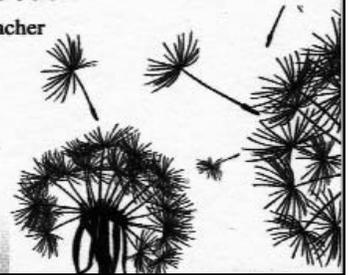
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*"Always do your best. What you plant now, you will harvest later."*

- Og Mandino

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*"Always continue the climb. It is possible for you to do whatever you choose, if you first get to know who you are and are willing to work with a power that is greater than ourselves to do it."* - Ella Wheeler Wilcox



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## February Entertainment

**Saturday - 1 -**

**Michael Hakason-Stacy**



**Michael Hakason-Stacy** started playing music in high school bands. He has been picking and sliding with a band and solo ever since. Michael has produced 27 projects for the Time & Strike label, performing roots music even before it was cool. He made literally all of the music on his latest album, "Two Bit Blues." Michael played every instrument including several resonator guitars, various mandolins, electric guitars and harmonica. Many of the songs on this CD are updated versions of crowd favorites but some, including the title track are brand spanking new. This CD comes in an eco-friendly cardboard, factory sealed sleeve which is available for sale at his show.

**Friday - 7 - Open Mic**



**Hosts - Faith Montaperto & Kala Farnham Feature - Santana King** is a graduate of Pioneer Valley Performing Arts High School and is now at University of Southern Maine in Portland. This young singer-songwriter composes mostly on guitar - building her intricate and rich musical compositions from scratch.

**Saturday - 8 - Garnet Rogers**



**Garnet Rogers** has established himself as one of the major talents of our time. Hailed by the Boston Globe as a "charismatic performer and singer," Garnet is a man with a powerful physical presence and a voice to match. His "smooth, dark baritone" (Washington Post), incredible range, and thoughtful, dramatic phrasing make his music is literate, passionate, highly sensitive, and deeply purposeful. Cinematic in detail, his songs "give expression to the unspoken vocabulary of the heart" (Kitchener Waterloo Record). He sings extraordinary songs about people who are not obvious heroes and of the small victories of the everyday. Garnet moves his audience from tears to laughter and back again with his songs, humor and lightning-quick wit. "Garnet Rogers is capable of awe-inspiring and unpredictable stuff - and that includes more than just music."

*"I repeat... that all power is a trust; that we are accountable for its exercise; that from the people and for the people all springs, and all must exist."* - Benjamin Disraeli

## February Entertainment

### Saturday - 15 - Mark Erelli

Discovered at an impromptu 3 am hotel room jam at a music conference when just 23 years old, **Mark Erelli** finished up a graduate degree in evolutionary biology shortly after his self-titled debut was released in 1999. He has won several prestigious awards, from the Kerrville New Folk contest in 1999 to the 2006 International Song Contest, where a song he co-wrote with Catie Curtis bested 15,000 entries to win the grand prize. For the past 10 years, he has maintained a rigorous, international touring schedule, sharing the stage with Dave Alvin, Gillian Welch, John Hiatt and others, as well appearing at many major folk festivals, including Newport, Philadelphia and Shrewsbury (UK).



### Friday - 21 - Songwriter Sessions

### Saturday - 22 - Atwater-Donnelly

**Aubrey Atwater** and **Elwood Donnelly**, the highly acclaimed husband-wife duo present delightful programs of traditional American and Celtic folk songs, a capella pieces, old-time gospel songs, dance tunes, and original works. Elwood and Aubrey blend gorgeous and unusual harmonies and play guitar, Appalachian mountain dulcimer, mandolin, tin whistle, harmonica, banjo, bones, spoons, limberjacks, and other surprises including Appalachian clog dancing, French Canadian footwork, and Tap. Their performance includes humor, audience participation, and a relaxed stage presence and is appealing to all ages.



*"For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."*  
- Nelson Mandela

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*"To begin, begin." - William Wordsworth*



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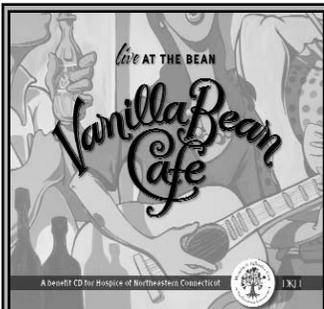
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## March Entertainment

### Saturday - 22 -Griff Tones

The **Griff Tones** are Pomfret School's premiere performing ensemble and serve as the ambassador to the outside community and alumni.

Becoming a member is not easy. Interested students must pass through a weeklong audition process culminating in a performance during convocation after which the final cut is made. The Griff Tones are an ensemble of soloists, expressing their individual creativity while respecting the creativity of others, compromising when necessary and listening as well as being heard.

### Friday - 7 - Open Mic



**Hosts - Faith Montaperto & Kala Farnham Feature - Grayson McCarthy** lives right here in Pomfret, Connecticut and is a Junior at Woodstock Academy. Grayson plays a combination of music ranging from alternative to soft rock to blues. Playing a variety of instruments, his staple is acoustic guitar.

### Saturday - 8 -

### Maria Sangiolo & Anne Belliveau

**Maria Sangiolo** has been writing and performing music for over 20 years. Maria was the artist selected (two times!) to receive the Parents' Choice award. She has been the recipient of two grants - one from the CT CT Commission on Culture and Tourism and another from the Club Passim's (Cambridge) Iguana Fund. Maria has been singing since she first heard the "angel of music," as a little girl riding in the back seat of her parents' blue Chevy wagon. Her musical career has spanned more than two decades, enriching her fans' lives with both her original and her interpreted music. Maria's songs are honest, joyful and earth-centered and all sung from her young-at-heart muse.



An innovator in the field of inspirational music, **Akasha Anne Belliveau** is a singer, songwriter, harpist and sacred sound artist who stands at the meeting place of music and transformation. In song or in chant, Anne's voice seems to find your heart and then sing the beauty of it back to you in celebration.



*"When the power of love overcomes the love of power the world will know peace."*  
- Jimi Hendrix

## March Entertainment

### Friday - 13 - Songwriter Sessions

### Saturday - 15 - Cashel Rock

Cashel Rock is a fluid configuration of friends and musicians from CT's northeast corner who lead a great evening of sing-alongs and Irish tunes. According to *Victor*



*Infante of the Worcester Telegram + Gazette*, "If you want straight-ahead traditional music with a vibrant feel, then it's hard to do better than Cashel Rock. There's a great spirit about this band, a joyous energy that makes listening to them a great occasion."

### Saturday - 22 - Delta Generators

As their name implies, **The Delta Generators** combine the urgency and soulfulness of delta blues with the power and energy of early rock 'n' roll. While, in the broader sense, they could be classified as a blues band, there is room on that big blue canvas for brush strokes of Memphis soul, LA funk, and classic rock 'n' roll. The combination of clever songwriting and inspired performances on their new CD "Devil in the Rhythm" shows why critics and audiences are calling them the best new blues band in New England. Taking top honors at the Blues Challenge last summer was no small achievement: The Delta Generators bested seven of the most popular bands in the region to earn the right to represent the Hub in the Blues Foundation's prestigious 2009 International Blues Challenge in Memphis.



### Saturday - 29 - Tim Peck Trio

The **Tim Peck Trio** returns to the Vanilla Bean Cafe for an evening of jazz featuring Tim Peck on keyboards and effects, Sean Farias on bass, and Miki Matsuki on drums. The members of the trio met at the Longy School of Music in Cambridge. They quickly made a connection and began performing together with time as their music writer. Their performance at Vanilla Bean will be the first in a series of many leading up to the production of their next recording in June.



*"Eating is really one of your indoor sports. You play three times a day, and it's well worth while to make the game as pleasant as possible."*

- Dorothy Draper



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- Bo Bennett

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- Shakti Gawain

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## OPEN HOUSE Gr. K-9

Tuesday, February 4, 2014



RSVP by Jan. 28

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Financial Aid  
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2014-2015

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Hampton, CT 06247

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### **Did you know...**

We are open 361 days a year.

We serve breakfast all week long.

**85 Main** in Putnam is our sister restaurant.

We have many Gluten free items available.

The Café offers a variety of vegetarian specials.

You can view our Daily Specials on our website.

**Dog Lane Café** in Storrs is our newest restaurant.

All of our menu prices *include* 6.35% CT Sales Tax.

*"I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality... I believe that unarmed truth and unconditional love will have the final word."*

*- Martin Luther King, Jr.*

### **Recording Studio in Pomfret, Connecticut**

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## Weekend Breakfast

A full breakfast menu is served Saturday and Sunday from 8:00 am - 12:00 noon. We offer a variety of specials including recent items like Fishcake Benedict, Basil Feta Omelet, and Artichoke Spinach Scramble. We use only 100% maple syrup and top-quality Hormel bacon. ☺

## Dinner at The Bean

We are open for dinner Wednesday - Sunday. Each night we run four or five dinner specials. Recent items include: Wild Mushroom Ravioli, Garden Vegetable Risotto, Steak Medallions and Shitake & Arugula Mac & Cheese. We offer a truly quality dinner at a great price, in a warm and friendly atmosphere. If you haven't tried us for dinner yet, it's time you did. ☺

## The Artwork Gallery

The Café displays artwork by local artists year round. Some shows have openings and some do not. Most of the artwork displayed is for sale and often prices are listed with the piece or on a list located in the room. One hundred percent of the sale price goes to the artist.

**January - Ed Koistinen**

**February - Tom Sayers**

**March - Ashleigh Kay** ☺

## Entertainment

The Café is on the National Folk Music Circuit and attracts talent from all over the United States while featuring mainly New England performers. The majority of the shows are on Saturday night and start at 8:00 pm. Our Open Mic night is on the first Friday of each month. During shows, a theatre curtain separates the listening room from the tiled dining room and kitchen in an effort to keep the music in and the kitchen noise out. ☺

## On-Site WiFi

We provide complimentary wireless internet service. Bring your lap top to the Café, search for available networks and log on to the VBC. Get some work done or check your email while you eat lunch! ☺

**Gilly's Art**

Classes for  
adults & kids  
in  
painting, drawing,  
mixed media



1 mile from the Vanilla Bean

Gilly Gordon 974-1140

## Our Pricing Practices

**1. Sales Tax Included** - Our prices include the 6.35% Connecticut Sales Tax. The prices listed on the menu are exactly what you pay. Our prices may seem to be inflated; however, a \$10.00 menu item is actually \$9.40 + \$.60 sales tax. Furthermore, this practice makes it easier for the customer, especially if that customer is a child who has exact change for a cookie. What you see is exactly what you pay - what could be simpler?

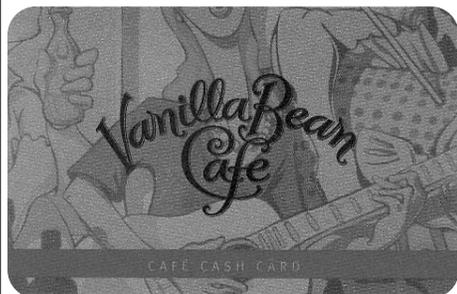
**2. Not Market Standard Pricing** - We are not trying to fool the customer into thinking that \$9.95 is less expensive than \$10.00. We find this type of pricing insulting to our customers. However, the reason it is used so extensively around the nation is that it works effectively. We don't like that practice, and we also like to believe that our clientele is not so easily fooled.

**3. No Pennies, Dimes or Nickels** - Because our prices include tax and we do not price in the standard way, we do not have to use pennies, dimes or nickels. This is a service to both the customer and to us. We don't give you lots of change, and we only have to use quarters and fifty-cent pieces. This also helps our staff to be more efficient performing transactions, which saves time and money. An added bonus is that we don't have to count change at the end of the business day.

*"If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it. And, like any great relationship, it just gets better and better as the years roll on."* - Steve Jobs

## The Café Cash Card

The first Café Cash Card was introduced in 1997. The appearance of the card has changed since then, but our card still works like the gift cards available in most stores today. Café Cash Cards may be purchased in any amount at the restaurant or online and



are reloadable - add to the card balance at any time! Cards may be used to purchase any menu item at Vanilla Bean Cafe. A bonus of 10% is

added to the card balance when you purchase a card for \$100 or more. The card must be presented to redeem it at the time of purchase. The Café Cash Card makes a great gift for friends and family members and is ideal for students at the local schools. Café Cash Cards have no expiration date.

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*"Learn from the past, set vivid, detailed goals for the future, and live in the only moment of time over which you have any control: now."* - Denis Waitley

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*"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."* - Nelson Mandela

**DR. MURRAY BUTTNER**

## Quiet Corner Family Practice

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**Just around the corner from the Vanilla Bean**

## What's Happening at *The Bean*...



All shows start at 8:00 pm unless otherwise noted

- |   |                  |   |                  |
|---|------------------|---|------------------|
| ● <b>Friday January 3rd</b>             | No Open Mic      | ● <b>Friday February 21st</b>           | 7:00 pm - \$5.00 |
| ● <b>Saturday January 4th</b>           | No Show          | Songwriter Sessions - Lisa Martin Hosts |                  |
| ● <b>Saturday January 11th</b>          | - \$15.00        | ● <b>Saturday February 22nd</b>         | - \$15.00        |
| Don White                               |                  | Atwater-Donnelly                        |                  |
| ● <b>Friday January 17th</b>            | 7:00 pm - \$5.00 | ● <b>Saturday March 1st</b>             | - \$10.00        |
| Songwriter Sessions - Lisa Martin Hosts |                  | Griff Tones - Benefit Concert           |                  |
| ● <b>Saturday January 18th</b>          | - \$10.00        | ● <b>Friday March 7th</b>               | 7:30 pm - \$5.00 |
| Wade Elliot Band                        |                  | Open Mic - Grayson McCarthy             |                  |
| ● <b>Saturday January 25th</b>          | - \$15.00        | ● <b>Saturday March 8th</b>             | - \$15.00        |
| Howie Bursen & friends                  |                  | Maria Sangiolo & Anne Belliveau         |                  |
| ● <b>Saturday February 1st</b>          | - \$10.00        | ● <b>Saturday March 15th</b>            | - \$15.00        |
| Michael Hakanson-Stacy                  |                  | Cashel Rock                             |                  |
| ● <b>Friday February 7th</b>            | 7:30 pm - \$5.00 | ● <b>Friday March 21st</b>              | 7:00 pm - \$5.00 |
| Open Mic - Santina King                 |                  | Songwriter Sessions - Lisa Martin Hosts |                  |
| ● <b>Saturday February 8th</b>          | - \$20.00        | ● <b>Saturday March 22nd</b>            | - \$15.00        |
| Garnet Rogers                           |                  | Delta Generators                        |                  |
| ● <b>Saturday February 15th</b>         | - \$15.00        | ● <b>Saturday March 29th</b>            | - \$12.00        |
| Mark Erelli                             |                  | Tim Peck Trio                           |                  |

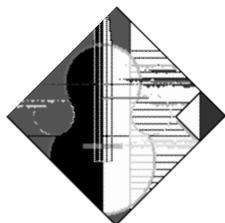
Call ahead, shows are subject to change

Cash or Check Only for show Admissions

WiFi available in Dining Room



P O Box 206  
Pomfret CT 06258



"To Bean or  
not to Bean...?"  
...is it really a question?



2014 ... What's Happening at The Bean ... 2014  
~ January, February & March ~



\*\* Saturday - February 15 - Mark Erelli \*\*  
\*\* Saturday - March 22 - Delta Generators \*\*



**The Vanilla Bean Café**  
*Connecticut's Best Country Café*  
~ Yankee Magazine - Editors' Choice ~

**Real  
Good  
Whole FOOD**

*VBC Review Quotables...*  
"Extremely Tasty" Food - *New York Times*  
"Relaxed" Atmosphere - *Boston Globe*  
"Truly Bizarre" Service - *New London Day*



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listings on your  
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