

Issue 19 Number 4

October - December 2015

Free*

Book Your Next Event In The Wine Cellar @ 85 Main

he Wine Cellar at 85 Main opened last November and has received many accolades since then. The old downstairs function room at 85 Main was completely renovated and is now available for private parties, business meetings, special events and regular dining when not booked for a private party. Contact Dawn at 860-928-1660 or send an email to ask@85main.com for more information and available dates

Café Gift Card

he first Café Gift Card was introduced in 1997, and only the appearance of the card has changed since then. The Café Gift Card makes a great gift for friends and family members and is ideal for students at the local schools. Café Gift Cards have no expiration



date and may be used to purchase any menu item at Vanilla Bean Café. Note: We add a bonus of 10% to the card balance when you purchase a card for \$200 or more.

Sandwich Trays & Box Lunches

or business lunches, outings or family get-togethers, we offer a selection of Sandwich Trays and Box Lunches for take-out or delivery. The Sandwich Trays come with fruit, chips and dessert. Each Box Lunch includes fruit, pickle & chips, dessert and a beverage. We need a minimum of 24 hour notice in advance for larger orders for more than 10 people. Also, our entire menu is available for take-out every day of the week. Delivery for Box Lunches and Sandwich Trays require advance notice and delivery is only available to locations within a 10 mile radius of the Café. We can customize items on our menu, so don't hesitate to make a request!

~ Quality Since 1989 ~

he Vanilla Bean Café has maintained an emphasis on quality, across the board, in daily operations since opening day over 26 years ago. With a focus on quality, supplies and ingredients are selected carefully and purchased locally when available. Menu items are skillfully prepared with real, whole, fresh, minimally processed ingredients. We recommend our "local burger" made with beef supplied by Devon Point Farm in Woodstock. Our family owns and operates our restaurant. We care about promoting the health of our own families and of the families in the communities we serve. We focus on quality food

preparation and service and that means you and your family can enjoy healthy food here everyday.



Dog Lane Cafe - 3 Years Old

his December will mark the 3rd anniversary of our newest sister restaurant that is located in Storrs Connecticut, right next to UCONN. It has been a great 3 years, with a great reception from the people in the area, as well as from people who visit the area for work, education and business. Our managing partner, Steve Smith, has done a fantastic job of hiring, training and educating our staff so that we are able to fulfill on

our offer in a timely and consistent manner. He is also a great ambassador for the restaurant and the surrounding area. If you haven't taken the time to visit the area recently, you will find that it has changed a lot. The town square across from our location at One Dog Lane was fully completed this year as well as all of the buildings surrounding it. All of the buildings will be fully occupied by years end. As the saying goes at Dog Lane: Come. Sit. Stay.



Our Newest Sister Restaurant

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"Good things come to people who wait, but better things come to those who go out and get them."

- Anonymous

The Vanilla Bean Café

wants you to know...

The Vanilla Bean Café opened in 1989 with 16 seats

The Vanilla Bean Café is owned by the Jessurun Family

We open 361 days a year. We close on: Easter Sunday, Fourth of October, Thanksgiving, Christmas Day

Business Hours:

Monday, Tuesday 7 am - 3 pm Wednesday, Thursday 7 am - 8 pm Friday 7 am - 9 pm* Saturday 8 am - 9 pm*† 8 am - 8 pm* Sunday

*We may close early during colder months.

†Entertainment night we serve dessert, beer & wine until 10 pm

Web site: www.TheVanillaBeanCafe.com

E-mail: ask@thevanillabeancafe.com

Address: 450 Deerfield Road

Pomfret, Connecticut 02659

Phone: 860-928-1562

Music Booking: Maria Sangiolo

maria@thevanillabeancafe.com

Art Booking: Kayla Murphy

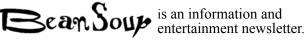
kayla@thevanillabeancafe.com

Bean Soup Ads: Barry Jessurun

barry@thevanillabeancafe.com

"I'm sorry, if you were right, I'd agree with you."

- Robin Williams





Compiled by Barry Jessurun Written by Barry Jessurun





Layout & Design - Barry Jessurun



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Accolades and Awards

The New York Times

"The food...is freshly made, well seasoned and extremely tasty."

The Boston Globe

"...great food - homemade soups, sandwiches, burgers, and the best fish cakes around - in a relaxed atmosphere."

Yankee Magazine's Travel Guide to New England

"Editors' Pick" 1997, 2003 & 2004
"One of the outstanding reasons to visit
New England."

Connecticut Magazine Readers' Poll

Windham County - Various years
Best Family Dining - Best Sandwiches
Best Desserts - Best Business Lunch
Best Vegetarian - Best Outdoor Dining

Yankee Magazine

Editors' Choice - Best of New England Connecticut's Best Country Café - 2011

The Hartford Courant

"This is a place that serves excellent food and brings in some of the better performers on the New England coffee house circuit..."

"The Vanilla Bean Café in Pomfret is one of those rare places that truly has something for everyone... Oh, yes - the food is truly delicious, too."

The New London Day

"The soups are homemade and delicious, the sandwiches unusual and served on breads that are positively delicious..."

www.VisitingNewEngland.com

"the Vanilla Bean Café is one of those places you simply don't want to leave."

www.HiddenBoston.com

"This impossibly funky Connecticut restaurant is full of character (and characters), and is truly in a class by itself."

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"If you want to achieve greatness stop asking for permission." - Anonymous

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"Thinking should become your capital asset, no matter whatever ups and downs you come across in your life."

- Dr. APJ Kalam

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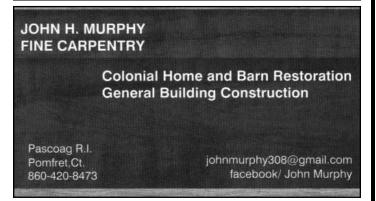
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"All our dreams can come true if we have the courage to pursue them." - Walt Disney



October Entertainment

Friday - 7 - Open Mic



Hosts - Faith Montaperto & Kala Farnham - Feature - Sam Moss - Sam Moss is a Boston based songwriter and string player. His work rambles through various offshoots of Americana, from original and interpreted folk songs, to pastoral and occasionally jagged instrumental guitar. In addition to eight solo albums, Moss has released two albums with the old-time group, The Howling Kettles.

Saturday - 8 - Claudia Schmidt & Sally Rogers

More than 4 decades as a touring professional have found Michigan native Claudia Schmidt traversing



North America as well as Europe in venues ranging from intimate clubs to 4,000 seat theatres, and festival stages in front of 25,000 rapt listeners. She has recorded nineteen albums of mostly original songs,

exploring folk, blues, and jazz idioms featuring her acclaimed 12-string guitar and mountain dulcimer playing. To say that Schmidt is simply a performer with a talent to entertain would be a miscarriage of understatement.

Sally Rogers a nationally renowned singer-songwriter and recording artist with numerous awards for her



work which includes fourteen recordings and a music video. She has been entertaining her listeners for over thirty years in concert halls, churches, schools, and house concerts. She has a knack for getting the shyest

singer to let out their voices and join the community in song. Rogers frequently invents her audience to sing along, with the mood in an evening rolling from good humor to somber reflection and back again.

Friday - 9 - Hootenanny/Sessions

2015 marks the 6th anniversary of our monthly series, **Hootenanny/Songwriter Sessions**. Hosted by Lisa Martin, the sessions bring audiences the chance to see some of the best local, regional and touring singer-songwriters. Intimate, in-the-round performances full of fun and spontaneity, are a hall-mark of the series as well as the audience chosen "theme" that each songwriter has to incorporate into a newly crafted song for each show. A Hootenanny will begin each show and will be open to songwriters of all experience levels. Signups for the hoot will start at 6:30 pm and the show will begin promptly at 7:00 pm, with the hootenanny preceding the featured songwriters.

October Entertainment

Saturday - 10 - Larry Kaplan

Larry Kaplan's songs are truly ballads, or stories told in song. Most give us thoughtful stories of real



people, their "good times and hard times", and the way they manage to deal with whatever they are dealt. But they are also beautiful songs, often deeply moving and highly sing able. Larry's themes address

topics of concern to all of us who care about those with whom we share this planet.

Saturday - 17 - Brooks Williams

Ranked one of the Top 100 Acoustic Guitarists, singer-songwriter **Brooks Williams** writes groove-



laden songs and delivers them with an easy-going vocal style and monstrous guitar chops. Walking the line between blues and Americana, Williams has worked stages worldwide for over 25

years, amassing a staggering back-catalogue of songs, recordings and tales. With nearly 20 CDs to his name – and more on the way – this Statesboro Georgia native is, according to americanaUK, "impossible not to like."

Saturday - 24 - Buddy Mondlock

Buddy Mondlock writes songs. He does it so well that some great songwriters have recorded his songs



on their own albums. Guy Clark, Nanci Griffith, and Janis Ian, to name just a few. You might've heard his song "The Kid" (recorded by David Wilcox, Peter, Paul and Mary and Cry, Cry, Cry) and maybe

even sung it yourself around a campfire. Mondlock is brilliant in his word choice, poignant in his observations and powerful in his presentation." Kathleen Hudson - *Kerrville Daily Times*

Saturday - 31 - Paddy Mills

Paddy Mills is the son of a part time DJ at the local AM country radio station. He grew up in the small



fishing village of Owl's Head, Maine and cut his teeth playing Irish music at pubs throughout New England. Over the past year Paddy has won the Woody Guthrie Folk Festival Songwriting Contest, the

Rose Garden Coffeehouse Performing Songwriter Competition, the South Florida Folk Festival Singer-Songwriter Competition, and the Mid Atlantic Song Contest. As a Folk Singer, Paddy maintains an extensive repertoire of Irish, American, Maritime, Nicaraguan and Labor folk songs.



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"Where words fail, music speaks." - Hans Christian Andersen



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- Thomas J. Watson



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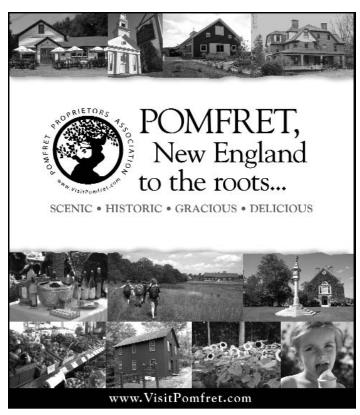
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- Zig Ziglar



"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." - John F. Kennedy



November Entertainment

Friday - 6 - Open Mic



Hosts - Faith Montaperto & Kala Farnham - Feature - Jan Luby is known for her engaging, often riveting stage-presence as well as her voice full of passion, range and power. The readers of Rhode Island's Motif Magazine chose Jan as Female Vocalist of 2011. Jan's songs are evocative, lyrical and infectious personal stories. Her songwriting ranges from socially relevant to irreverent, heartbreaking to humorous.

Saturday - 7 - Caroline Cotter & Emily Mure

You hear it over and over, "Don't quit your day



job!" but that's just what Caroline Cotter did at the start of 2015 when she released her national debut album, *Dreaming as I Do*. Already receiving national recognition, the album reached #5 on the Folk DJ

charts in February, with the second most played song of the month, *Bella Blue*.

Emily Mure was an emerging artist at Falcon Ridge



Folk Festival, a Telluride Bluegrass Troubadour in 2014 and has shared the stage with the likes of Kim Richey, Kath Bloom, Darlingside, Garrison Starr, The Farewell Drifters, Haas Kowert Tice, Kris

Delmhorst, and more. She has performed in reputable venues including Club Passim, The Iron Horse Music Hall, Club Helsinki, The Living Room, and The Highline Ballroom.

Friday - 13 - Hootenanny/Sessions

Saturday - 14 - Tracy Grammer

Tracy Grammer rose to acclaim as half of the "post-modern, mythic American folk" duo, Dave Carter &



Tracy Grammer. From 1998-2001, the duo released three internationally celebrated, folk chart-topping albums featuring Carter's mytho-poetic Americana songeraft and in 2002, toured with Joan Baez, both as

featured artists and Baez's band members. Grammer has become one of folk music's most beloved artists. Renowned for her springwater-clear alto, perfectly intoned violin, and guitar playing that is by turns percussive and delicate, Grammer is also a masterful storyteller with an ease and charisma on stage -- not to mention a riotous sense of humor -- that hardly belie her modest beginnings as Carter's reclusive accompanist. As one fan put it, "With Tracy, it's never just about the music. It's a soul journey."

November Entertainment

Saturday - 21 - Mark mandeville & Rainne Richards

For over a decade, Mark Mandeville & Raianne Richards have resonated with the lover of Ameri-



cana, old country, and harmony singing, commanding crafted melodies and poignant, introspective lyrics, backing them with delicate arrangements on ukulele, clar-

inet, guitar and banjo. In 2014 the duo attended Northeast Regional Folk Alliance as showcase artists. Recently they were selected as the representative folk act for WICN's 45th anniversary gala fundraiser at Mechanics Hall in Worcester, MA, performing regularly at respected folk venues/listening rooms in the northeast such as Club Passim, Iron Horse Music Hall The Sumner Knight Chapel, and Burlap and Bean. Hundreds of concerts have been given and thousands of records have been sold, all on their own steam with longtime support from indie label Nobody's Favorite Records.

Saturday - 28 - Chelsea Berry

Chelsea Berry is a singer/songwriter with incredible edge, power, and finesse. Her presence has been



described by listeners as "compelling... she draws the entire house into her world I like moths to a flame." Born and raised in Alaska, she now makes her home on Boston's North Shore. A favorite among

venue owners up and down the East coast, Chelsea's commanding stage presence and energetic rock/folk/pop sound has begun bringing her across the U.S. as regular support for Livingston Taylor as well as headliner of her own shows from California to Washington, Minneapolis, New York, and everywhere in between.

"If you do what you always did, you will get what you always got." - Anonymous



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Did you know...

We are open 361 days a year. We serve breakfast all week long. **85 Main** in Putnam is our sister restaurant. We have many Gluten free items available. The Café offers a variety of vegetarian specials. You can view our Daily Specials on our website. Dog Lane Café in Storrs is our newest restaurant. All of our menu prices include 6.35% CT Sales Tax.

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'Success is walking from failure to failure with no loss of enthusiasm.' - Winston Churchill





5th Annual Fine Art & Craft **Exhibit & Sale**

Saturday, October 3, 2015 9:30 a.m. - 3:00 p.m.

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December Entertainment

Friday - 4 - Open Mic



Hosts - Faith Montaperto & Kala Farnham -Feature - Krista Baroni - For her sophomore album, singer/songwriter Krista Baroni had a vision - to record an album with a sound lifted straight from the 1970's Laurel Canyon songwriters. Howling electric guitar solos and melancholy Mellotron (performed by Eric Lichter) are a few of the prominent sounds that color the album with their vintage tones, while still allowing the songwriters delicate acoustic guitar, emotive vocals and poetic lyrics to take center stage.

Saturday - 5 - Garnet Rogers

Garnet Rogers has established himself as one of the major talents of our time. Hailed by the Boston



Globe as a "charismatic performer and singer," Garnet is a man with a powerful physical presence and a voice to match. His "smooth, dark baritone" (Washington *Post*), incredible range, and thoughtful,

dramatic phrasing make his music literate, passionate, highly sensitive, and deeply purposeful. Cinematic in detail, his songs "give expression to the unspoken vocabulary of the heart" (Kitchener Waterloo Record). He sings extraordinary songs about people who are not obvious heroes and of the small victories of the everyday. Garnet moves his audience from tears to laughter and back again with his songs, humor and lightning-quick wit. "Garnet Rogers is capable of awe-inspiring and unpredictable stuff and that includes more than just music."

Friday - 11 - Hootenanny/Sessions

"To live a creative life, we must lose our fear of being wrong" - Anonymous

Holiday Hours

Thanksgiving

Wednesday, November 25th - 7:00 am- 3:00 pm Thursday, November 26th - Closed

Christmas

Thursday, December 24th - 8:00 am- 3:00 pm Friday, December 25th - Closed Thursday, December 31st - 8:00 am- 3:00 pm

New Year's Day

Friday, January 1st, 2015 - 11:00 am - 3:00 pm

December Entertainment

Saturday - 12 - Taking Back Eden

Taking Back Eden is one of acoustic music's most arresting bands to emerge from the Western, Massa-



chusetts music scene. This indiefolk-rock band, formed in the fivecollege town of Amherst, Massachusetts, features five women:

Carolyn Walker on vocals and violin, Sylvie Abate on acoustic and nylon guitars, Heather Sommerlad on violin and cello, Jen Spingla on bass, and Christine "Tina" Abate on full kit and percussion. ing Back Eden's talent is deep and diverse. The band offers a blend of textures and instruments to create a unique foundation for soulful vocals, harmonies, and sincere lyrics. Each women in Eden is a songwriter in her own right and together they spin passionate, literate, sensitive music that speaks about contemporary social issues and fragile discoveries about love and relationships. These five accomplished musicians are seasoned and powerful.

Saturday - 19 - Cashel Rock

Cashel Rock is made up of veteran New England artists, Peter Lange, guitar and vocals, Peter's daughter Rachel Lange, vocals, Carol Soucy, vocals



and standup comedy. Tim St.Jean, vocals. bodhran, and mandolin, Vikki Baker. vocals. flute and tin-

whistle, John Gilmore, bass and vocals, Cathy Day on fiddle and vocals, and Ed Clement, vocals and guitar, had the place jumping with their renditions of Irish drinking songs, ballads, and laments. According to Victor Infante of the Worcester Telegram & Gazette, "If you want straight-ahead traditional music with a vibrant feel, then it's hard to do better than Cashel Rock. There's a great spirit about this band, a joyous energy that makes listening to them a great occasion."

"Music is the shorthand of emotion." - Leo Tolstoy

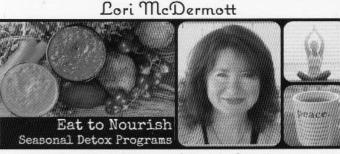
"The best reason to start an organization is to make meaning; to create a product or service to make the world a better place.' - Guv Kawasaki

VBC Review Quotables...

"Extremely Tasty" Food - New York Times

"Relaxed" Atmosphere - Boston Globe

"Truly Bizarre" Service - New London Day



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- Ray Goforth

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- Steve Jobs



"No masterpiece was ever created by a lazy artist."

- Anonymous

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Weekend Breakfast

A full breakfast menu is served Saturday and Sunday from 8:00 am - 12:00 noon. We offer a variety of specials including recent items like Fishcake Benedict, Basil Feta Omelet, and Artichoke Spinach Scramble. We use only 100% maple syrup and top-quality Hormel bacon.

Dinner at The Bean

We are open for dinner Wednesday - Sunday. Each night we run four or five dinner specials. Recent items include: Wild Mushroom Ravioli, Garden Vegetable Risotto, Steak Medallions and Shitake & Arugula Mac & Cheese. We offer a truly quality dinner at a great price, in a warm and friendly atmosphere. If you haven't tried us for dinner yet, it's time you did.

The Artwork Gallery

The Café displays artwork by local artists year round. Some shows have openings and some do not. Most of the artwork displayed is for sale and often prices are listed with the piece or on a list located in the room. One hundred percent of the sale price goes to the artist.

October - Laureen Hylka November - Jenifer Bombara December - Ouilts

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Entertainment

The Café is on the National Folk Music Circuit and attracts talent from all over the United States while featuring mainly New England performers. The majority of the shows are on Saturday night and start at 8:00 pm. Our Open Mic night is on the first Friday of each month. During shows, a theatre curtain separates the listening room from the tiled dining room and kitchen in an effort to keep the music in and the kitchen noise out.

On-Site WiFi

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Our Pricing Practices

- 1. Sales Tax Included Our prices include the 6.35% Connecticut Sales Tax. The prices listed on the menu are exactly what you pay. Our prices november seem to be inflated; however, a \$10.00 menu item is actually \$9.40 + \$.60 sales tax. Furthermore, this practice makes it easier for the customer, especially if that customer is a child who has exact change for a cookie. What you see is exactly what you pay what could be simpler?
- 2. Not Market Standard Pricing We are not trying to fool the customer into thinking that \$9.95 is less expensive than \$10.00. We find this type of pricing insulting to our customers. However, the reason it is used so extensively around the nation is that it works effectively. We don't like that practice, and we also like to believe that our clientele is not so easily fooled.
- 3. No Pennies, Dimes or Nickels Because our prices include tax and we do not price in the standard way, we do not have to use pennies, dimes or nickels. This is a service to both the customer and to us. We don't give you lots of change, and we only have to use quarters and fifty-cent pieces. This also helps our staff to be more efficient performing transactions, which saves time and money. An added bonus is that we don't have to count change at the end of the business day.

"Today I choose life. Every morning when I wake up I can choose joy, happiness, negativity, pain... To feel the freedom that comes from being able to continue to make mistakes and choices - today I choose to feel life, not to deny my humanity but embrace it."

- Kevyn Aucoin

The Café Cash Card

The appearance of the card has changed since then, but our card still works like the gift cards available in most stores today. Café Cash Cards can be purchased in any amount at the restaurant or online and



are reloadable - add to the card balance at any time! Cards can be used to purchase any menu item at Vanilla Bean Cafe. Note: A bonus of 10%

is added to the card balance when you purchase a card for \$200 or more. The card must be presented to redeem it at the time of purchase. The Café Cash Card makes a great gift for friends and family members and is ideal for students at the local schools. Café Cash Cards have no expiration date.

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"If you always put limits on everything you do, physical or anything else. It will spread into your work and into your life. There are no limits. There are only plateaus, and you must not stay there, you must go beyond them.

- Bruce Lee



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What's Happening at The Bean ② All shows start at 8:00 pm unless otherwise noted						noted
●Friday October 2 nd	7:30 pm	-	5.00	● Friday November 13 th	7:00 pm -	5.00
Open Mic - Sam Moss			Hootenanny/Sessions - Lisa Martin Hosts			
●Saturday October 3 rd		-	20.00	●Saturday November 14 th	-	15.00
Claudia Schmidt & Sally Rogers				Tracy Grammer		
● Friday October 9 th	7:00 pm	-	5.00	●Saturday November 21st	-	12.00
Hootenanny/Sessions - Lisa Martin Hosts				Mark Mandeville & Rainne Richards		
●Saturday October 10 th		-	15.00	●Saturday November 28 th	-	12.00
Larry Kaplan				Chelsea Berry		
●Saturday October 17 th		-	20.00	●Friday December 4th	7:30 pm -	5.00
Brooks Williams				Open Mic - Krista Bar	oni	
●Saturday October 24 th		-	15.00	•Saturday December 5 th	-	20.00
Buddy Mondlock				Garnet Rogers		
●Saturday October 31st		-	12.00	●Friday December 11 th	7:00 pm -	5.00
Paddy Mills			Hootenanny/Sessions - Lisa Martin Hosts			
● Friday November 6 th	7:30 pm	-	5.00	•Saturday December 12 th	-	15.00
Open Mic - Jan Luby				Taking Back Eden		
●Saturday November 7 th		-	12.00	•Saturday December 19 th	_	12.00
Caroline Cotter & Emily	y Mure			Cashel Rock		
Cash or Check Only for show Admissions				Call ahead, shows are su	bject to chang	ge

WiFi available in Dining Room



P O Box 206 Pomfret CT 06258



2015 ... What's Happening at The Bean ... 2015

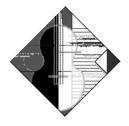
~ October, November & December ~

Saturday - October 17th - Brooks Williams

**Saturday - November 19th - Tracy Grammer **

Saturday - December 5th - Garnet Rogers





"To Bean or not to Bean...?" ...is it really a question?





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