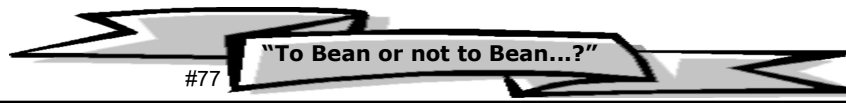




# Bean Soup

## Entertainment & Stuff



Issue 20 Number 2

April - June 2016

Free\*

## Our Sister Restaurant - 85 Main - Celebrating 11 Years in June

June 22<sup>nd</sup> will be the 11 year anniversary of our sister restaurant in Putnam. Opening with style eleven years ago, **85 Main** featured a Raw Bar and was described as a New American Fusion restaurant.

In 2009, the bar area was expanded, creating a space two times the size of the original bar and large enough to accommodate a growing number of customers choosing to drink and dine in the bar. The new area featured a sushi bar designed in consultation with Chef Osaki who was our sushi chef for a number of years. The **85 Main** sushi menu added a new dimension, flavors and beautiful creations to our existing menu offerings.

**85 Main** was the producer of the Shuck-Off Oyster and Shellfish event. Celebrated at **85 Main** for the first two years, the event grew in popularity and was moved to Rotary Park the third and fourth year. With attendance at more than 3,000 people during the 4th annual celebration, the event highlighted our restaurant and the Putnam area to local and out of

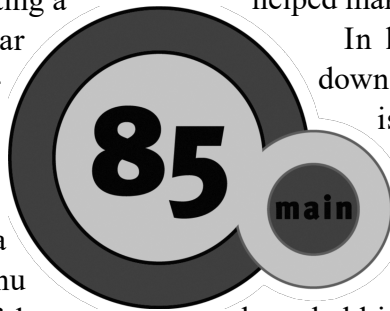
town customers.

The outside patio area, added in front of several businesses including **85 Main**, has brought attention to the restaurant and to the downtown area and helped make Putnam a destination!

In late 2014, **85 Main** renovated the downstairs function room. This new room is now a wine cellar function room with stone walls and exposed wine storage and can be used for functions as well as for additional seating. Some of the events that have

been held in the new space include, a chocolate and wine pairing evening, Tapas nights, wine dinners and chef's tables.

A lot has changed since 2005 in the town of Putnam and **85 Main** is proud to be a part of the revitalization of this old mill town. Visit **85 Main** in Putnam and see what they have been up to to create a truly exceptional dining experience in Putnam. Good things are happening in Putnam!



## No Shows in June & July

Beginning this year, The Vanilla Bean Cafe will not be presenting any entertainment in June and July, we will begin our Fall series with Garnet Rogers on Saturday, August 20th. During the past few summers the attendance at our summer shows has been a little smaller than we or the artists would like, so to be fair to all involved, we are taking this summer off. Many venues around New England do not book entertainment for the summer months at all to make way for the many outside festivals that grace our New England summers. There is a festival almost every weekend in New England, with some big ones like the Newport Folk Festival in July that is almost completely sold out as of this printing. Other big festivals include the New Bedford Folk Festival in July and the Mystic Sea Music Festival in June. ☺

## Green Valley Hospitality

Green Valley Hospitality (GVH) is our newest company that is currently functioning as a management company that oversees our 3 restaurants (The Vanilla Bean Café, 85 Main and Dog Lane Café). This company was formed last year to create a streamlined approach to management that is fair and equitable for all three entities. The main office for GVH is located at The Vanilla Bean Café, where all of the administrative duties for the three restaurants are processed (i.e. bill paying, payroll, website maintenance, taxes and all financial oversight).



Learn more at [www.GreenValleyHospitality.com](http://www.GreenValleyHospitality.com). ☺

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*"Develop success from failures. Discouragement and failure are two of the surest stepping stones to success."*

- Dale Carnegie

## The Vanilla Bean Café wants you to know...

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The Vanilla Bean Café is owned by the Jessurun Family

We open 361 days a year. We close on:  
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Christmas Day

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Monday, Tuesday	7 am - 3 pm
Wednesday, Thursday	7 am - 8 pm
Friday	7 am - 9 pm*
Saturday	8 am - 9 pm*†
Sunday	8 am - 8 pm*

\*We may close early during colder months.

†Entertainment night -  
we serve dessert, beer & wine until 10 pm

Web site: [www.TheVanillaBeanCafe.com](http://www.TheVanillaBeanCafe.com)

E-mail: [ask@thevanillabeancafe.com](mailto:ask@thevanillabeancafe.com)

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Phone: 860-928-1562

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Bean Soup Ads: **Barry Jessurun**  
[barry@thevanillabeancafe.com](mailto:barry@thevanillabeancafe.com)

*"Don't raise your voice, improve your argument."*

- Anonymous

**Bean Soup** is an information and entertainment newsletter.

Compiled by Barry Jessurun  
Written by Barry Jessurun  
Layout & Design - Barry Jessurun

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The Vanilla Bean Café Pomfret, Connecticut 06258

## Accolades and Awards

### The New York Times

"The food...is freshly made, well seasoned and extremely tasty."

### The Boston Globe

"...great food - homemade soups, sandwiches, burgers, and the best fish cakes around - in a relaxed atmosphere."

### Yankee Magazine's Travel Guide to New England

"Editors' Pick" 1997, 2003 & 2004

"One of the outstanding reasons to visit New England."

### Connecticut Magazine Readers' Poll

Windham County - Various years

Best Family Dining - Best Sandwiches

Best Desserts - Best Business Lunch

Best Vegetarian - Best Outdoor Dining

### Yankee Magazine

Editors' Choice - Best of New England  
Connecticut's Best Country Café - 2011

### The Hartford Courant

"This is a place that serves excellent food and brings in some of the better performers on the New England coffee house circuit..."

"The Vanilla Bean Café in Pomfret is one of those rare places that truly has something for everyone..."

Oh, yes - the food is truly delicious, too."

### The New London Day

★ ★ ★

"The soups are homemade and delicious, the sandwiches unusual and served on breads that are positively delicious..."

### www.VisitingNewEngland.com

"the Vanilla Bean Café is one of those places you simply don't want to leave."

### www.HiddenBoston.com

"This impossibly funky Connecticut restaurant is full of character (and characters), and is truly in a class by itself."

### Recipient University of Connecticut's Nozko Family Business Leadership Award

Check the hallway by the restrooms - our Hall of Fame - for more articles, letters and awards.



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"The number one reason people fail in life is because they listen to their friends, family, and neighbors."

- Napoleon Hill

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*"You have to put in many, many, many tiny efforts that nobody sees or appreciates before you achieve anything worthwhile."*  
- Brian Tracy

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*"Good leaders inspire people to have confidence in the leader. Great leaders inspire people to have confidence in themselves."*  
- Eleanor Roosevelt

YANKEE

EDITORS' CHOICE

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## April Entertainment

### Friday - 6 - Open Mic



**Hosts - Faith Montaperto & Kala Farnham - Feature - Diane Battistello** - as many of us do, she encountered many twists and turns in life and she stopped writing and singing for nearly 25 years. In 2010 Diane pulled her guitar out of the closet, put some new strings on it, and got back to music. With gray hair and past the age of 60 she's stepping up to the stage.

### Saturday - 2 - Seat of Our Pants

**Seat of Our Pants** is an acoustic Folk/Blues/Bluegrass/ group based out of South Eastern Connecticut. Playing the music is easy. Describing what 'kind' of music they play is more difficult. They like to call it "Acoustic Contemporary Folk" It's the variety of music that creates the fun for them and the audience. They integrate tight vocal harmonies with stylized versions of music you wouldn't expect from a mostly acoustic band. Their blend of originals and SOOP-ized covers will keep you enthralled song after song.



### Friday - 8 - Hootenanny/Sessions

2016 marks the 7th anniversary of our monthly series, **Hootenanny/Songwriter Sessions**. Hosted by Lisa Martin, the sessions bring audiences the chance to see some of the best local, regional and touring singer-songwriters. Intimate, in-the-round performances full of fun and spontaneity, are a hallmark of the series as well as the audience chosen "theme" that each songwriter has to incorporate into a newly crafted song for each show. A Hootenanny will begin each show and will be open to songwriters of all experience levels. Signups for the hoot will start at 6:30 pm and the show will begin promptly at 7:00 pm, with the hootenanny preceding the featured songwriters.

### Saturday - 9 - Andrew McKnight

Since permanently leaving his corporate environmental engineering career in 1996, award-winning folk and Americana artist **Andrew McKnight's** musical journey has traced nearly a million miles of blue highways, and earned him a wealth of critical acclaim and enthusiastic fans for his captivating performances and seven recordings. "Stretching across the landscape of American folk music is a highway paved by Guthrie and Dylan... now Virginia native Andrew McKnight takes his turn smoothing down the blacktop" - *Performing Songwriter*





## April Entertainment

### Saturday - 16 - Jeff Przech

**Jeff Przech** likes to tell stories. Musical stories. "My favorite songwriters, the ones I always gravitate towards, are the ones who tell great stories in their songs." Influenced by contemporary artists like Jason Isbell, Ryan Adams, and Sturgill Simpson, along with classic artists like Kristofferson, Jennings, and Dylan, Przech's 2015 debut release, "Sounds Like Fresh," is his first, though certainly not last entry into the canon of Americana music. The record is carried by classic songwriting and led by Przech's deep, soulful vocals and acoustic guitar work.



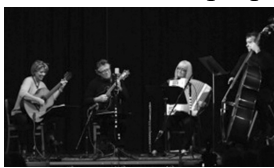
### Saturday - 23 - Lui Collins

Folk singer/songwriter **Lui Collins** has been performing, writing and recording for over 40 years, earning international acclaim for her music. Her music ranges from original and traditional folk songs to bossa nova in the original Brazilian Portuguese. She's made 16 recordings of her own and has sung and played guitar or banjo on others' projects as well. She's shared the stage with such folk-world notables as Tom Rush, Bonnie Raitt, Dave Van Ronk, Stan Rogers, John Gorka, and Anais Mitchell, and has recorded with Johnny Cunningham, David Darling, and Rani Arbo, among others. Lui has been hailed by the *Boston Herald* as a "folksinger for our times" and by the *Boston Globe* as "one of New England's first and brightest stars."



### Sunday - 24 - The Café Trio+

**The Café Trio+** was formed by a group of musical friends for the purpose of playing an international repertoire of pieces such as might be enjoyed by people sitting at tables in the evening outside of their favorite café in Paris, Milan, Galway or Rio. The sounds of the mandolin, accordion, guitar and bass evoke another time and space, in which the pleasures of leisure time spent well with friends eating, drinking, conversing and enjoying pleasant music are paramount. Mark M. Davis on mandolin, Beverly Davis on guitar, Jan Jungden on accordion/flute and Lou Chatey on string bass. Mark and Beverly Davis will perform a program of music for mandolin and classical guitar. Their "American-Irish-Australian-Italian-Greek" repertoire is a mixture of classical and folk styles.



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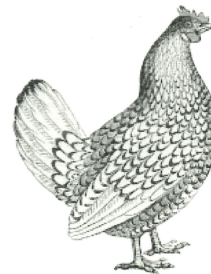
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### Saturday - 30 - Antje Duvkot

**Antje Duvkot** has solidified her reputation as one of Boston's top singer songwriters with "Big Dream Boulevard" her debut studio release and "the Near Demise of the Highwire Dancer" and "New Siberia" her follow-up albums. The debut CD was produced by Seamus Egan, founder of the Irish super group, SOLAS and the project was released on songwriter Ellis Paul's label and quickly attracted international attention for Antje. It was voted "#1 Folk Release of 2006" by the Boston Globe and was named to the "Top10 Releases of the Year" by National Public Radio's, Folk Alley. Her follow up albums "the Near Demise of the Highwire Dancer" and "New Siberia" were produced by Richard Shindell and along side with Richard feature other "folk royalty" such as John Gorka, Lucy Kaplancky and Mark Erelli.





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## May Entertainment

### Friday - 6 - Open Mic



**Hosts - Faith Montaperto & Kala Farnham - Feature - Patrick Coman** - An Okie from just north of Muskogee, Patrick grew up under the spell of his hometown's famed Tulsa Sound. Equal parts red dirt, blues, rock, soul, and country this unique regional sound was the perfect template for a budding songwriter with a voracious and wide-ranging appetite for roots music.

### Saturday - 7 - Hot Flashes

An exciting trio of female vocalists, **The Hot Flashes**, has reunited after thirteen years to once again feature their tight vocal harmonies and solid instrumentation. The Hot Flashes are Amy Gallatin, who with her expressive, soulful singing has made a name for herself on the Americana music scene both in the USA and in Europe; award-winning singer/songwriter Gail Wade, and multi-instrumentalist Peggy Harvey, founding member of the long-running bluegrass group Traver Hollow and who performs with Gail in her band Turning Point.



### Friday - 13 - Hootenanny/Sessions

### Saturday - 14 - Kate Callahan & Kristen Graves

American singer-songwriter **Kate Callahan**, a native of Hartford Connecticut, was nominated for a CT Music Award in 2012. Callahan's lyrics have been called "zen-like" by folk legend Noel Paul Stookey (Peter, Paul, and Mary). WNPR Host Colin McEnroe says "...she swings out and away from influences, where startling music is made - Kate deserves to be called an artist these days." She has traveled the U.S performing and opened shows for legends Judy Collins, John Gorka, the late Bill Morrissey, and an appearance alongside Regina Spektor.



**Kristen Graves** is a folk/pop singer, songwriter and humanitarian. Mentioned by both Rolling Stone and the New York Times, and given her own day across the state of Connecticut by Governor Malloy for her musicianship and activism, she has shared stages with Pete Seeger, Peter Yarrow, Rusted Root, Holly Near, Dar Williams, Guy Davis, Dan Zanes, David Amram and many more. With catchy songs, a penchant for story telling, and inspiring lyrics, Kristen delights audiences across the country.



## May Entertainment

### Saturday - 21 - Atwater-Donnelly

Every performance is surprisingly different and always entertaining, exciting and educational with the award-winning duo **Atwater~Donnelly**, who provide a unique and thrilling blend of traditional American and Celtic folk music and dance, along with original songs and poetry. The highly praised husband-wife duo blends gorgeous vocals with an astounding array of instruments including the mountain dulcimer, old-time banjo, tin whistle, guitar, mandolin, harmonica, limberjacks, feet and more. Their performance is appealing to all ages with humor, audience participation, and a relaxed stage presence.



### Sunday - 22 - David Wilcox

Cleveland-born **David Wilcox** is a father, a husband, a citizen and a songwriter. First inspired to play guitar after hearing a fellow college student playing in a stairwell, Wilcox is now 18 records into a career marked by personal revelation and wildly loyal fans. His lyrical insight is matched by a smooth baritone voice, virtuosic guitar chops, and creative open tunings, giving him a range and tenderness rare in folk music. Wilcox released an independent album in 1987, was a winner of the prestigious Kerrville Folk Festival New Folk award in 1988, and by 1989 he had signed with A&M Records. His first release on the label, *How Did You Find Me Here*, sold over 100,000 copies the first year largely by word of mouth. Considered a 'song-writer's songwriter', his songs have been covered by artists such as k.d. lang and many others.



### Saturday - 28 - Joel Cage

**Joel Cage** is an award winning veteran singer/song-writer from Boston. Once a member of the internationally acclaimed rock & roll group Southside Johnny & the Asbury Jukes, Joel has been performing regionally and nationally as a soloist for the past 2 decades. He has performed at some of the most prestigious folk & acoustic venues & festivals in the country, including the Kerrville Folk Festival in Texas where he was awarded top prize in the Kerrville New Folk Competition. A virtuoso guitarist and an impassioned vocalist, Joel Cage's music is both evocative and raucous. He spans the gamut from sounding like a full rock band to 'hear your own heartbeat' intimacy.



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## June Entertainment

**No Shows in June**

## Keep It Local



The Vanilla Bean Café offers a menu item called the Local Burger. Our Local Burger is produced from grassfed beef that we buy from a local supplier. **Devon Point Farm** is a 93 acre preserved family run farm in Woodstock, CT. The farm's clean water and prime agricultural soils gives it the capacity from the roots up to produce nutrient-rich food. Grassfed animals are humanely raised, remaining on pasture from birth to market. Devon Point Farm is committed to producing beef from cattle raised exclusively on grass, legumes and herbs without the use of hormones or antibiotics. Their farming practices allow them to provide a healthier product. Their grassfed beef, which is processed in a USDA certified facility is low in cholesterol and saturated fat and has fewer calories.

We also purchase seasonal produce as well as pesticide free apple cider in the fall from Devon Point Farm. We are proud to buy locally!

*"Your problem isn't the problem. Your reaction is the problem."*  
- Anonymous



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## June Entertainment

No Shows in June

### Keep It Tasty

## The Bean's New England Clam Chowder



### Ingredients

2 oz Bacon Fat	1/2 Cup Flour
2 oz Butter	1/2 Cup Instant Mashed Potatoes
1 Large Onion	
6 stalks Celery	
1 Tbls Garlic	4 Chef Potatoes - peeled and chopped
1/2 tsp Salt	
1 tsp Pepper	1 Quart Clam Juice
2 Drops Tabasco	3 Cups Chopped Clams
1/2 tsp Celery Salt	1 1/2 Cups 1/2 & 1/2
1/2 tsp Thyme (leaf)	1/4 Cup Chopped Parsley
2 Tbls Chopped Parsley	
1 Bay leaf	

### Cooking Instructions

- ◆ Melt butter and bacon fat in large pot
- ◆ Cook onion, celery and garlic until tender
- ◆ Add seasonings
- ◆ Add flour and instant mash potatoes
- ◆ Turn off flame and stir until flour is no longer visible
- ◆ Add clam Juice and stir
- ◆ Turn flame on high and continue stirring to avoid sticking
- ◆ Bring to a boil
- ◆ Add potatoes and stir
- ◆ Cook for 12 minutes or until potatoes are tender
- ◆ Add clams and continue stirring
- ◆ Add cream and continue stirring
- ◆ Add parsley and continue stirring
- ◆ Simmer for 1/2 hour stirring occasionally
- ◆ Add salt and pepper to taste



Makes 10-12 Servings

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- Dale Carnegie

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- Zig Ziglar

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*"You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something - your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life."* - Steve Jobs

### Keep it Local - Harney & Sons Tea

In 1970, John Harney and a partner bought a tea company from an old tea man, Stanley Mason. Over the next several years, Stanley taught John the art of fine tea. He taught him that loose tea leaves make the best cup; and instilled in him the idea that if you had to produce tea bags, make them the best. So, Harney & Sons tea bags have larger leaves and more of them than the competition.

Their commitment to providing you with the finest possible cup of "tea" is strong. Michael travels the world searching for renowned varietal as well as exciting new infusions. They source and blend their teas for the enjoyment of their customers, and take pride in exceeding their expectations with every cup. Their selection is extensive, and includes many customer favorites such as green tea, black tea, and white tea from around the world. We also excel in our selection of fine tea gifts, treats and teaware for special occasions and holidays.



They make teas for your enjoyment, so to learn more, call them at (800) TEA-TIME - they always love to discuss their favorite subject! Or visit them at [www.harney.com](http://www.harney.com)

*"We become what we think about most of the time, and that's the strangest secret."* - Earl Nightingale

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### Weekend Breakfast

A full breakfast menu is served Saturday and Sunday from 8:00 am - 12:00 noon. We offer a variety of specials including recent items like Apple Crisp Crepes, Roasted Mushroom Omelet, and Crab Ricotta Benedict. We use only 100% maple syrup and top-quality Hormel bacon.

### Dinner at The Bean

We are open for dinner Wednesday - Sunday. Each night we run four or five dinner specials. Recent items include: Wild Mushroom Ravioli, Pan-Seared Cod, Steak Medallions and Chipotle Cinnamon Rubbed Pork Loin. We offer a truly quality dinner at a great price, in a warm and friendly atmosphere. If you haven't tried us for dinner yet, it's time you did.

### The Artwork Gallery

The Café displays artwork by local artists year round. Some shows have openings and some do not. Most of the artwork displayed is for sale and often prices are listed with the piece or on a list located in the room. One hundred percent of the sale price goes to the artist.

April - Joel Davidson

May - Northeastern Connecticut Art Guild

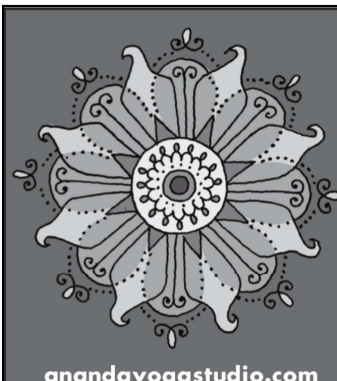
June - Tom Sayers

### Entertainment

The Café is on the National Folk Music Circuit and attracts talent from all over the United States while featuring mainly New England performers. The majority of the shows are on Saturday night and start at 8:00 pm. Our Open Mic night is on the first Friday of each month. During shows, a theatre curtain separates the listening room from the tiled dining room and kitchen in an effort to keep the music in and the kitchen noise out.

### On-Site WiFi

We provide complimentary wireless internet service. Bring your lap top to the Café, search for available networks and log on to the VBC. Get some work done or check your email while you eat lunch! Password: *goodfood*



# ananda

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## Our Pricing Practices

**1. Sales Tax Included** - Our prices include the 6.35% Connecticut Sales Tax. The prices listed on the menu are exactly what you pay. Our prices may seem to be inflated; however, a \$10.00 menu item is actually \$9.40 + \$.60 sales tax. Furthermore, this practice makes it easier for the customer, especially if that customer is a child who has exact change for a cookie. What you see is exactly what you pay - what could be simpler?

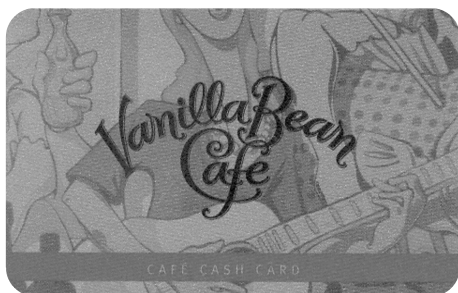
**2. Not Market Standard Pricing** - We are not trying to fool the customer into thinking that \$9.95 is less expensive than \$10.00. We find this type of pricing insulting to our customers. However, the reason it is used so extensively around the nation is that it works effectively. We don't like that practice, and we also like to believe that our clientele is not so easily fooled.

**3. No Pennies, Dimes or Nickels** - Because our prices include tax and we do not price in the standard way, we do not have to use pennies, dimes or nickels. This is a service to both the customer and to us. We don't give you lots of change, and we only have to use quarters and fifty-cent pieces. This also helps our staff to be more efficient performing transactions, which saves time and money. An added bonus is that we don't have to count change at the end of the business day.

*"The reason most people never reach their goals is that they don't define them, or ever seriously consider them as believable or achievable. Winners can tell you where they are going, what they plan to do along the way, and who will be sharing the adventure with them."* - Denis Watiley

## The Café Cash Card

The first Café Cash Card was introduced in 1997. The appearance of the card has changed since then, but our card still works like the gift cards available in most stores today. Café Cash Cards can be purchased in any amount at the restaurant or online and



are reloadable - add to the card balance at any time! Cards can be used to purchase any menu item at Vanilla Bean Café. **Note:** A bonus of 10%

is added to the card balance when you purchase a card for \$200 or more. The card must be presented to redeem it at the time of purchase. The Café Cash Card makes a great gift for friends and family members and is ideal for students at the local schools. Café Cash Cards have no expiration date.

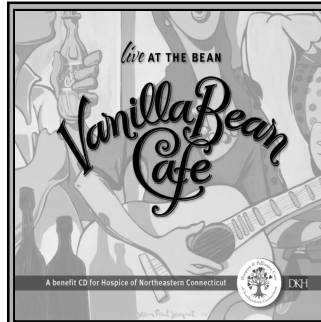
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*"If you are willing to look at another person's behavior toward you as a reflection of the state of their relationship with themselves rather than a statement about your value as a person, then you will, over a period of time cease to react at all."*  
- Yogi Bhajan



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Elaine W. Lind, Office: 860-774-1047 Cell: 508-450-7395

**What's Happening at *The Bean*...**



All shows start at 8:00 pm unless otherwise noted

- **Friday April 1<sup>st</sup>** 7:30 pm - 5.00  
Open Mic - Diane Battistello
- **Saturday April 2<sup>nd</sup>** - 10.00  
Seat of Our Pants
- **Friday April 8<sup>th</sup>** 7:00 pm - 5.00  
Hootenanny/Sessions - Lisa Martin Hosts
- **Saturday April 9<sup>th</sup>** - 15.00  
Andrew McKnight
- **Saturday April 16<sup>th</sup>** - 10.00  
Jeff Prezech
- **Saturday April 23<sup>rd</sup>** - 15.00  
Lui Collins
- **Sunday April 24<sup>th</sup>** 7:00 pm - 15.00  
The Cafe Trio+
- **Saturday April 30<sup>th</sup>** - 15.00  
Antje Duvekot

- **Friday May 6<sup>th</sup>** 7:30 pm - 5.00  
Open Mic - Patrick Coman
- **Saturday May 7<sup>th</sup>** - 20.00  
Hot Flashes
- **Friday May 13<sup>th</sup>** 7:00 pm - 5.00  
Hootenanny/Sessions - Lisa Martin Hosts
- **Saturday May 14<sup>th</sup>** - 15.00  
Kate Callahan & Kristen Graves
- **Saturday May 21<sup>st</sup>** - 15.00  
Atwater-Donnelly
- **Sunday May 22<sup>nd</sup>** 7:00 pm - 20.00  
David Wilcox
- **Saturday May 28<sup>th</sup>** - 15.00  
Joel Cage

**No Shows in June**



**Calendar Listings  
on your  
smart phone**

**Cash or Check Only for show Admissions**

**Call ahead, shows are subject to change**

WiFi available in Dining Room



P O Box 206  
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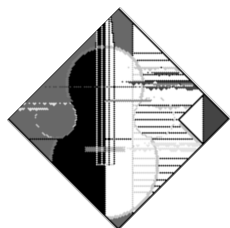


**2016 ... What's Happening at The Bean ... 2016**  
~ April, May & June ~

**\*\*Saturday - April 23 - Lui Collins\*\***

**\*\*Saturday - May 22 - David Wilcox\*\***

**\*\*Saturday - May 28 - Joel Cage\*\***



**"To Bean or  
not to Bean...?"**  
...is it really a question?



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